

Cultivating a better way:

How to craft, cultivate and curate a personal Rule Of Life.

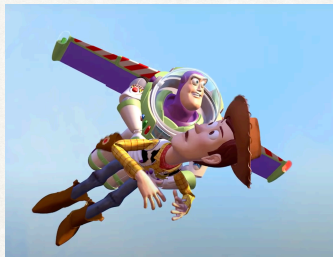
September 18, 2022

WEEK THREE

SO HOW DID WE DO?

HABITS WE CHANGED... HABITS WE BEGAN?

- Decision Obedience
- Environment Stability
- Resolve Conversion of Life



CONVERSION OF LIFE

• The Conversion of Paul:

9 Meanwhile, Saul was still breathing out murderous threats against the Lord's disciples. He went to the high priest **2** and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem. **3** As he neared Damascus on his journey, suddenly a light from heaven flashed around him. **4** He fell to the ground and heard a voice say to him, "Saul, Saul, why do you persecute me?"

5 "Who are you, Lord?" Saul asked.

"I am Jesus, whom you are persecuting," he replied. **6** "Now get up and go into the city, and you will be told what you must do."

7 The men traveling with Saul stood there speechless; they heard the sound but did not see anyone. **8** Saul got up from the ground, but when he opened his eyes he could see nothing. So they led him by the hand into Damascus. **9** For three days he was blind, and did not eat or drink anything.

¹⁰ In Damascus there was a disciple named Ananias. The Lord called to him in a vision, “Ananias!”

“Yes, Lord,” he answered.

¹¹ The Lord told him, “Go to the house of Judas on Straight Street and ask for a man from Tarsus named Saul, for he is praying. ¹² In a vision he has seen a man named Ananias come and place his hands on him to restore his sight.”

¹³ “Lord,” Ananias answered, “I have heard many reports about this man and all the harm he has done to your holy people in Jerusalem. ¹⁴ And he has come here with authority from the chief priests to arrest all who call on your name.”

¹⁵ But the Lord said to Ananias, “Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel. ¹⁶ I will show him how much he must suffer for my name.”

¹⁷ Then Ananias went to the house and entered it. Placing his hands on Saul, he said, “Brother Saul, the Lord—Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit.” ¹⁸ Immediately, something like scales fell from Saul’s eyes, and he could see again. He got up and was baptized, ¹⁹ and after taking some food, he regained his strength.

CONVERSION IS ALWAYS MET WITH REPENTANCE



CONVERSION OF LIFE

Change means Transformation

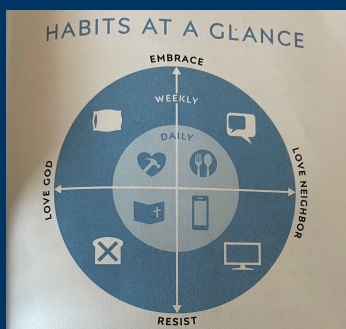
- Core conversion of life means putting Christ at the center.
- Real change and transformation brings purity of heart
- Focus on Jesus brings clarity of purpose and allows for all things to flow from a heart searching after God.

Roman's 12:2..... Want to know what God is thinking?

CONVERSION OF LIFE WORK IN PROGRESS

Actions that bring Conversion of Life

- Practicing the Presence of God
- Keeping Death Always before Us.
- Fill your tool box with basic trustworthy tools
- Control your thought-life
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DAILY HABITS



Kneeling prayer three times a day



One meal with others



One hour with phone off



Scripture before phone

WEEKLY HABITS



One hour of conversation with a friend



Curate media to four hours



Fast from something for twenty-four hours



Sabbath

HOW TO GET STARTED

EMBRACE GOD

RESIST TEMPTATION

LOVE NEIGHBOR

Daily			
Weekly			
Regularly			

NEXT WEEK

- MANAGING BALANCE
 - CULTIVATING THE AREAS OF:
PRAYER, STUDY, WORK, HOSPITALITY,
TRANSFORMATION