

Living On Purpose

The Rule of St. Benedict

- Gives us a means to be more connected to God
- Rooted in our Baptism
- Living out the Great Commandment
- Applying the Great Commission

A Rule of Life Allow the Believer to:

- Tune out the distractions
- Sit at the Lord's feet
- Focus on Loving others
- Seek counsel on how to get to where we are going.

A Rule gives shape to help:

- Love God
- Love ourselves
- Love Others

A Rule gives each believer a way that fits them to:

- Live in Community: Worship, Serve, Build Relationships
- Have the right ingredients in each day:
 - Prayer, Work, Study, Hospitality, and Renewal

A Rule of Life:

- Gives us Stability
- Invites us to Daily Conversion
- Calls us to Obedience

A Rule of Life is a "Trellis"

Questions to ask:

1. How are you living out your Baptismal Covenant?
2. How will you make your relationship with God a priority today?
3. Will today be a Mary Day or a Martha Day?
4. How is God's presence shaping you right now?
5. What task will I choose to do today in light of God's presence?
6. How will I reflect Thanksgiving today?
7. What reminders have I put in place to remind me to be present?